UO University Teaching and Learning Center MCAT Workshop

How to get the most out of this workshop

1. Take an AAMC Practice Exam at the beginning of the workshop.
   a. This will help you know format of exam, review content, and gauge personal progress.
   b. Haven’t taken the practice exam yet . . . how about tomorrow? Scores are available immediately for multiple choice questions.

2. Review relevant *Examkrackers* books before coming to each session.
   a. Skim through content to identify questions.
   b. Take practice “stand alone” questions found within each lecture (answers at the back of the book).
   c. Email questions to instructor before workshop or bring to class.
   d. Review content again after class.

3. Set aside time each week (~3 hours) to review content and work with practice problems.
   a. Take “30-Minute In-Class Exams” in the *Examkrackers* books.
   b. Try other publisher’s practice problems.
     i. For questions you missed, identify if you misread the question or did not understand the science.
     ii. For questions you answered correctly, identify if there is a better way to get the answer.

4. Take an AAMC Practice Exam the week before the last MCAT workshop meeting.

5. Continue to set aside time each week for study until you take the exam.
   a. See “MCAT Study and Testing Strategies” handout to help structure the last week of MCAT review.